

LifeWorks
For all of life's questions.



February feature: Money and Your Future

Need help planning your financial future? It sounds daunting, but it doesn't have to be! Whether you're trying to save for college, spend less, reduce your debt, or set aside a nest egg for the future, **LifeWorks** has helpful financial resources suitable for all stages and phases of life.

Go online today to your completely redesigned www.lifeworks.com to access helpful materials and resources, including:

- Our popular [Your Money](#) blog;
- A five-part "[Managing Your Money](#)" podcast series featuring Canadian financial planner Darryl Robinson;
- Our practical "[Getting Out of Debt](#)" guidebook;
- A comprehensive [Financial Toolkit](#) which combines articles, planning tools and resources to help you assess your personal financial situation, learn more about budgeting and debt, and set achievable, realistic financial goals; and,
- Our new podcast, ***On the Brink: One man's story about getting out of debt***, featuring a personal interview with a young professional who faced debilitating debt and turned his financial life around.

Finally, read or download easy-to-understand *Life Articles* such as:

- [Setting Up a Personal Budget](#)
- [When Your Family Income Changes](#)
- [Organizing Your Financial Records and Emergency Forms](#)
- [Investment Basics](#)
- [Saving for Your Child's Education](#)

If you're looking to make changes to your financial situation, **LifeWorks** is here to help!

Call LifeWorks at 1-877-207-8833 anytime. TTY: 1-877-371-9978

Or visit www.lifeworks.com.

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